

## NOTICE OF RACE

The 2012 Docklands Sailing & Watersports Centre Frostbite Regatta will be held on the 15<sup>th</sup>, 29<sup>th</sup> Jan and 12<sup>th</sup>, 26<sup>th</sup> Feb. The Organizing Authority is the Docklands Sailing & Watersports Centre.

### 1 RULES

1.1 Racing will be governed by the rules as defined in *The Racing Rules of Sailing*.

### 2 ELIGIBILITY AND ENTRY

2.1 All helms need to be RYA stage 2/RYA level 2 or above.

2.2 All Participants will compete in a Bosun Dinghy.

2.3 Entries will only be accepted once a completed entry form has been sent to the Docklands Sailing and Watersports Centre.

2.4 All helms and crews are required to present a signed consent or parent/guardian declaration/medical form at registration.

### 4 FEES

The entry is £15 per person for non members or £10 per person for members for the duration of the series.

### 5 SCHEDULE

5.1 Racing will take place on the 15<sup>th</sup>, 29<sup>th</sup> of Jan and the 12<sup>th</sup>, 26<sup>th</sup> of Feb.

5.2 The first race of each day will not start before, but aim to start at 14:00.

5.3 No more than 4 races will be sailed each day.

5.4 All participants should expect to be finished and be eligible to leave by 17:00.

### 6 SAILING INSTRUCTIONS

6.1 The sailing instructions will be available for competitors at registration on the first day at the venue.

6.2 Questions on the Notice of Race or Sailing Instructions may be emailed to [kirsty@dswc.org](mailto:kirsty@dswc.org)/[matt@dswc.org](mailto:matt@dswc.org).

### 7 VENUE

Races will be sailed on Millwall Dock from the Docklands Sailing & Watersports Centre.

### 8 THE COURSES

The courses to be sailed will be laps of windward/leeward and/or triangles.

### 9 SCORING

The scoring system will be the low point scoring system stated in rule 90.3.

### 10 SUPPORT

Only Official Race Committee/Safety boats and coach boats are allowed on the water at this event, except when requested by or agreed with the race committee and the Docklands Sailing and Watersports Centre.

### 13 RIGHTS TO USE NAMES AND LIKENESSES

Competitors automatically grant to the organizing authority without payment the right in perpetuity to make, use and show any motion pictures, still pictures and live, taped or filmed television of or relating to the event.

### 14 SAFETY REGULATIONS

14.1 All competitors shall wear a buoyancy aid to an appropriate standard and adequate footwear at all times when afloat. It is also advised that a full wetsuit or wet weather gear, hat and gloves are worn.

14.2 All Competitors will abide by the Docklands Sailing and Watersports Centre rules and regulations at all times.

### 15 FURTHER INFORMATION

Host Centre: Docklands Sailing & Watersports Centre

Centre postcode: E14 3QS

Centre phone number: 02075372626

<http://www.dswc.org>

Centre Contact: Kirsty Rickard ([kirsty@dswc.org](mailto:kirsty@dswc.org)) Matt Rickard ([matt@dswc.org](mailto:matt@dswc.org))